

I Claim:

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A1 } 1. A method for treating inflammatory musculoskeletal  
connective tissue disorders comprising the steps of:

providing a low frequency sonic transducer;

immersing said low frequency sonic transducer in a liquid-  
containing container;

positioning a person having an inflammatory musculoskeletal  
connective tissue disorder a therapeutically beneficial distance  
from said low frequency sonic transducer; and

exposing said person for a therapeutically beneficial period  
of time to acoustic waves from said low frequency sonic transducer  
at a therapeutically beneficial frequency.

2. The method of Claim 1 wherein said therapeutically  
beneficial distance is between approximately one foot and  
approximately twenty feet from said low frequency sonic transducer.

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A2 } 3. The method of Claim 2 wherein said therapeutically  
beneficial distance is approximately one foot from said low  
frequency sonic transducer.

4. The method of Claim 2 wherein said therapeutically  
beneficial distance is approximately five feet from said low  
frequency sonic transducer.

5. The method of Claim 2 wherein said therapeutically  
beneficial distance is approximately ten feet from said low  
frequency sonic transducer.

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A2  
Cont

6. The method of Claim 2 wherein said therapeutically beneficial distance is approximately twenty feet from said low frequency sonic transducer.

7. The method of Claim 1 wherein said therapeutically beneficial period of time is between approximately two seconds and one hour.

8. The method of Claim 7 wherein said therapeutically beneficial period of time is between approximately fifteen minutes and forty-five minutes.

9. The method of Claim 8 wherein said therapeutically beneficial period of time is between approximately twenty minutes and thirty minutes.

10. The method of Claim 9 wherein said therapeutically beneficial period of time is approximately twenty-five minutes.

11. The method of Claim 1 wherein said therapeutically beneficial frequency is between approximately one and one thousand Hertz.

12. The method of Claim 11 wherein said therapeutically beneficial frequency is between approximately four hundred and eight hundred Hertz.

13. The method of Claim 12 wherein said therapeutically beneficial frequency is approximately 600 Hertz.

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A3

14. A method for treating inflammatory musculoskeletal connective tissue disorders comprising the steps of:

providing a low frequency sonic transducer;

immersing said low frequency sonic transducer in a liquid-containing container;

positioning a person having an inflammatory musculoskeletal connective tissue disorder between approximately one foot and approximately twenty feet from said low frequency sonic transducer from said low frequency sonic transducer; and

exposing said person for between approximately fifteen minutes and forty-five minutes to acoustic waves from said low frequency sonic transducer at approximately six hundred Hertz.

15. The method of Claim 14 wherein said person has arthritis.

16. The method of Claim 14 wherein said person has polymyositis.

17. The method of Claim 14 wherein said person has one of muscle cramps, muscle spasms, and muscle tension.

18. The method of Claim 14 wherein said person has one of menstrual cramping and endometrial pain.

19. The method of Claim 14 wherein said person has bursitis.

20. The method of Claim 14 wherein said person has stress.

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21. A method for treating inflammatory musculoskeletal connective tissue disorders comprising the steps of:

providing a low frequency sonic transducer;

immersing said low frequency sonic transducer in a liquid-containing container;

positioning at least a portion of a body a person having an inflammatory musculoskeletal connective tissue disorder in said liquid-containing container; and

exposing said person for between approximately fifteen minutes and forty-five minutes to acoustic waves from said low frequency sonic transducer at approximately six hundred Hertz.

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